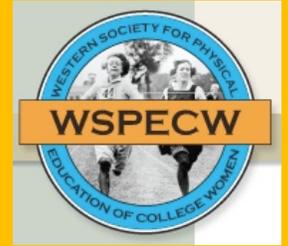


Western Society for Physical Education of College Women



Spring 2016 Newsletter



President's Message

A note from Michele Barr

First and foremost, thank you **Ann Fran Maliszewski** for organizing yet another fantastic annual meeting of WSPECW as we continue the organization's Countdown to 100: A decade of change. Last year's conference highlighted the direction of the profession in the next 10 years as we approach our 100th anniversary as an organization, examined the current challenges faced by women in the field of kinesiology, looked at how women leaders have been able to break through the glass ceiling, and finally, a look at the directions for growth in our field over the next decade. Great job to Ann Fran and the entire 2015 Conference Planning Committee.

This year's **Conference Planning Committee** has already been hard at work starting with our first meeting in early February. **Missy Wright** has agreed to serve as conference manager and **Emily Houghton** will be the Program Chair. This year's conference theme is *Paying It Forward and Giving Back: In classrooms, labs, and fields of play.*

Table of Contents

President's Message	1-2
Officer Candidates and Elections	3-4
2016 Conference Information	5
Professional Awards & Abstracts	6
2015 New Member Profiles	7
Membership Drive	8
Honorary, Emeritae, & Necrology	9
A Tribute to Karen Johnson	10
Scholarship & Memorial Funds	11
Financial Information	12-13
Thank You & Words of Wisdom	14

I'm very happy to announce that **Andrea Becker**, professor of Sport Psychology in the Department of Kinesiology at CSU, Fullerton, will be our keynote speaker. Dr. Becker's research focuses on the psychology of coaching. Dr. Becker also serves a dual role for the USA Men's Volleyball Team as Head of Delegation as well as the team's Sport Psychologist.

Our speaker for this year's banquet is **Diane Ross**, emerita professor of Kinesiology from CSU, Fullerton. Since retiring in 1997 and moving to Palm Springs, Diane's been busier than ever. It's hard to believe but I've known Diane for over 30 years! She's played significant roles in my academic pursuits as a student and my development as a teaching

Continued on Page 2

Continued from Page 1

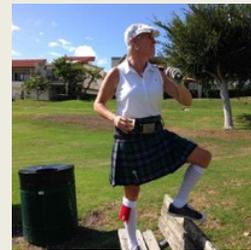
professional and continues to do so in my personal life. Diane also brought me to Western for the very time in 1991! Feel free to ask her about the flock of birds we encountered on our drive back home!



Thank you Conference Planning Committee members **Emily Houghton** (Program Chair), **Missy Wright** (Conference Manager), **Nicole Bolter**, **Maria Veri**, **Carole Oglesby**, **Sonja Lilienthal**, and **Ann Fran Maliszewski** for all your contributions to this year's program. The poster and wine session was such a huge success last year we've opted to do it again this year. In addition to the oral presentations, we're going to include a section this year dedicated to the professional practice of teaching. Start thinking now about what you and your colleagues or students would like to present at the 2016 conference. And please don't forget to consider submitting a nomination for one of the professional awards. It's so important to honor strong women for their contributions.

And please don't forget to consider submitting a nomination for one of the **professional awards**. It's so important to honor strong women for their contributions. Let's make sure that continues to be a part of our annual conference.

Last year, we successfully revived the pre-conference golf tournament and plan to grow it each year. All skill levels are welcome and encouraged to join. Thank you to Diane Higgs and Ann Fran Maliszewski for agreeing to run this year's tournament.



Finally, it's never too early to think about your tax deductible contributions for 2017. Why not consider making a donation to Western Society? Elsewhere in this newsletter you will find information about WSPECW's programs that you might support. I encourage you to donate, especially with the increasing costs of running the annual conference. If it weren't for the Memorial Fund, for example, we would have had to limit our program considerably this year.

Thank you to **Nicole Bolter** and **all contributors** to this newsletter. I know how busy you are and appreciate the time you have put into this.

Have a great summer, Western Women! I look forward to seeing you in November.

Shaka,
Michele L. Barr



WSPECW Executive Board

President

Michele Barr, Ed.D.
Cal State Fullerton

President-Elect

Maria Veri, Ph.D.
San Francisco State
University

Past President

Ann F. Maliszewski, Ph.D.
Cuesta College

Treasurer

Diane Higgs, M.A.
Cal State Long Beach

Secretary

ZáNean McClain, Ph.D.
Cal State East Bay

Honorary/Emeritae/ Necrology

Elaine McHugh, Ph.D.
Sonoma State University

Member at Large

Kim Fox, M.S.
CSU Long Beach

Member at Large (Interim)

Emily Houghton, Ph.D.
Fort Lewis College

2016 Officer Candidates

Nomination for President-Elect

Melissa Mache, Ph.D.

Melissa has been a member of Western Society since 2006. She has previously served as Member-at-Large, a member of the WSPECW conference planning committee, and most recently as Program Manager for the 2015 conference. Melissa is currently an Assistant Professor in the Department of Kinesiology at California State University, Chico where she teaches courses in biomechanics, biomechanical analysis, and research design. Melissa is an applied biomechanist whose research interests focus on enhancing the safety and skill of human movement. She is also interested in developing means of improving student learning in undergraduate biomechanics. Melissa holds a doctorate in Exercise and Sport Sciences from Oregon State University and a Master's degree in Kinesiology from California State University, Chico.



Nomination for Member At Large

Emily Houghton, Ph.D.

Emily became a member of Western Society in 2015 and is the Conference Program Chair for the 2016 Conference. Emily received her Ph.D. in Kinesiology from the University of Minnesota – Twin Cities in 2013, an M.S. in Management from New England College in Henniker, N.H., an M.S. in Kinesiology from University of Illinois – Chicago, and a B.A. in American Studies from Elmira College in N.Y. She joined the Exercise Science Department at Fort Lewis College in 2012 and primarily teaches courses within the Sport Administration major. Emily's research interests include the intersection of race, class and gender in sport management, media portrayals of athletes, the ways in which audiences interpret media depictions as well as social media use and consumption within sport.



2016 Election of Officers

If you are a current, dues paying member of WSPECW, you may vote in the 2016 WSPECW elections.

You can vote one of two ways:

- (1) Vote online using Survey Monkey. Copy and paste the following link into a web browser <https://www.surveymonkey.com/r/GYZNPR5> to take you to the ballot.
- (2) Mail in a hard copy ballot. Complete the ballot below and mail to Past President Ann F. Maliszewski at the address listed on the ballot.

Complete the online ballot or mail your ballot by Friday, May 20, 2016

Contact Past President Ann F. Maliszewski at afmal@hotmail.com with any questions.

WSPECW 2016 Ballot

Please put a check mark next to the candidate for whom you wish to vote

Nomination for President-elect

Melissa Mache

Write-in Candidate _____

Nomination for Member-At-Large-elect

Emily Houghton

Write-in Candidate _____

Mail ballot to:

Ann F. Maliszewski

1273 Saratoga Avenue

Grover Beach, CA 93433

92nd Annual WSPECW Conference

Paying it Forward and Giving Back: In Classrooms, Labs, and Fields of Play

November 17-20, 2016

Asilomar Conference Grounds, Pacific Gove, CA

<http://www.visitasilomar.com/>

Keynote Speaker: Andrea Becker

Associate Professor, Cal State Fullerton

B.S., M.S., California State University, Sacramento; Ph.D., University of Tennessee

<http://hhd.fullerton.edu/knes/FacultyStaff/Becker/AnreaBecker.htm>

Banquet Speaker: Diane Ross

Emeritus Faculty, Professor, Cal State Fullerton

B.A., Wayne State University; M.S., Ph.D., University of Michigan

Conference Planning Committee

Emily Houghton, Conference Program Chair

ehoughton@fortlewis.edu

Missy Wright, Conference Manager

missy.wright@csueastbay.edu

Committee Members: Carole Oglesby, Maria Veri,

Michele Barr, Sonja Lilienthal, Nicole Bolter

For more information and to register, visit www.wspecw.org/annualconference and
join our Facebook page <https://www.facebook.com/groups/wspecw/>

PROFESSIONAL AWARDS & ABSTRACTS

Western Society for Physical Activity of College Women
2016 Annual Conference

Call for Professional Awards Nominations:

Emerging Professional Award

President's Educational Equity Scholarship

Professional Development Grant

<http://www.wspecw.org/#!awards/c165h>

Nomination Deadline: September 15, 2016

Call for Abstracts:

Oral Presentations and Poster Presentations

<http://www.wspecw.org/#!submit-an-abstract/cm7>

Submissions Accepted: August 15, 2016 – September 15, 2016

(Notification of abstract acceptance on a rolling basis)

Click on each of the hyperlinks above to find out more about the **nomination criteria and instructions** for professional awards and abstracts.

New members welcome to apply!!

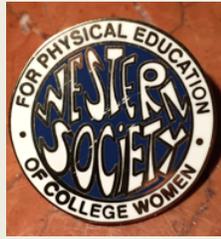
Congratulations to our 2015 award winners!

Professional Development Grant:

Nicole Bolter, San Francisco State University (\$250.00) &

Ky Carnell Russell, San Jose State University (\$250.00)

Contact **Claire Williams**, Professional Activities Chair,
with any questions: cmw9@stmarys-ca.edu



2015 New Member Profiles

Robin Farina

Robin is the president and founder of the Women's Cycling Association, an organization that supports a global movement for women's equality in sport and life. She was a professional cyclist and currently owns an elite coaching company for cyclists and tri-athletes, RF Training. Her Big Sister is Shelley Lucas.

Patty Freedson

Patty is a professor in the Kinesiology Department at UMass Amherst. Her area of specialization is physical activity measurement and wearable sensors. She is a fellow of the Research Consortium, the American College of Sports Medicine, and the National Academy of Kinesiology. Her Big Sister is Ann F. Maliszewski.

Mary Miles

Mary is a professor in the Health & Human Performance Department at Montana State University. Her research is focused on exercise, nutrition, and metabolic health. Her Big Sister is Gail Evans.

Linda Allen

Linda taught at Chico High School for 13 years and is now a teacher and health coach. She focuses on teaching people how to make healthy choices in order to maintain a vibrant body. Her Big Sister is Diane Higgs.



WSPECW Membership Drive

Let's Grow Our Membership

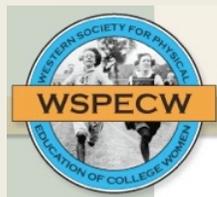
This is your opportunity to invite a colleague, no matter where they are in the country! Our membership will only grow if you help!

As a current member, you have the power to:

- Invite a colleague to present at the conference or simply think about attending
- Encourage this new member to apply for a Professional Award
- Send an electronic copy of the Spring Newsletter to potential new members and promote our wonderful organization!

Share these facts and benefits of joining Western:

- Joining a 90+ year all women organization; we're professional, collegial, and dedicated to the concerns of women in physical education, human movement, and kinesiology!
- The first time a member of WSPECW attends a conference, conference fees are waived!
- The ability to network with other women in higher education in a fabulous location that can't be beat!
- Share with them why *you* continue to be a member and return year after year!



Honorary, Emeritae, and Necrology

Nominations for Honorary Membership

Honorary memberships shall be given to women who have been members of the Society for a period of at least eight to ten years immediately prior to retirement from teaching or administration in physical education, and who have given outstanding service to the Society.

Nomination Criteria:

- Elective office or member of the Executive Board.
- Member or Chair of committees.
- Participant on conference programs (panel member, speaker).

If you have a candidate to nominate, please forward the following information to Elaine McHugh at elaine.mchugh@sonoma.edu by **SEPTEMBER 15, 2016**

- Name of nominee
- Institution at the time of retirement
- Date of retirement
- Your name
- Your email address
- A description of how the nominee meets the criteria (include a resumé if possible)

Emeritae Membership

Emeritae membership is conferred upon notification of retirement to those who have been active members of the Society eight out of the ten years immediately prior to retirement from the institution with which she has been affiliated. **If you or someone you know has retired recently**, please send their name and institutional affiliation to Elaine McHugh at elaine.mchugh@sonoma.edu

Necrology Notice

If you know of recently deceased WSPECW members, please send the following information to Elaine McHugh at elaine.mchugh@sonoma.edu

- Your name
- Your address
- Name of Deceased
- Most recent institutional affiliation
- Name and address of person who could write a memorial statement

A Tribute to Dr. Karen Johnson

from Terry Coblentz and Elaine McHugh



On February 27th, 2016, family, friends, colleagues, ex-students and admirers gathered at Villa Gardens to celebrate the wonderful life of Dr. Karen Johnson. Janie Threadgold, Barbara Franklin, Joan Johnson, and Ida Weil put together a program illustrating Karen's life. Western Society was very well represented with current members, honorary members, and emeritus members in attendance.

The afternoon started with a light lunch and plenty of stories of Karen and the many hats she wore during her career. Janie Threadgold, with the assistance of Barbara Franklin, put together a marvelous video illustrating Karen's career. Starting with the cutest baby pictures, pictures of an active teenager, and then pictures throughout her professional career. Friends of Karen had an opportunity to share personal stories about Karen and how she helped influence their lives and careers.

Karen's career started as a Junior High School Physical Educator in Los Angeles. After earning her Master's and Doctorate degrees at the University of Southern California, Karen moved to Washington, D.C. to work on the passage of Title IX. Karen moved back to Los Angeles and began her career at Cal State University, Los Angeles. Karen taught in the Physical Education Department where she taught a variety of classes and coached the Women's Basketball Team. Karen finished her tenure at CSULA as the Associate Dean of the School of Health and Human Sciences. Karen was a member of the U.S. Volleyball Olympic Committee and participated in Soroptimist International Los Angeles.

Karen was a very active member of Western Society. She held a number of Offices, including President, and was the Parliamentarian for many Board meetings.

She will be missed.

President's Scholarship Fund

A note from President, Michele Barr

New Members & First Time Conference Attendees

The President's Scholarship Fund, created by Gail Evans in 2000, provides funding for new members who are Assistant Professors (tenure track) and first-time attendees to a WSPECW conference. The money can be applied toward the cost of attending the conference.

Please submit your application (or nomination) outlining the number of years at your current institution, how you heard about WSPECW, and why you want to join/attend the conference. Submit applications or nominations to Michele Barr (mbarr@fullerton.edu) with the subject heading "President's Scholarship".

Memorial Fund

A note from Past President, Ann F. Maliszewski

The WSPECW Memorial Fund is an avenue for us to remember a departed member of the WSPECW family. We ask that you consider celebrating the life of a past member by giving a charitable donation in her name.

The Memorial Fund may be used for the enhancement of the Annual Conference Program by dedicating one session each conference to the memory of a deceased member of WSPECW. This money may pay for a very special or exceptional speaker, securing an outstanding film, or another innovative idea. Any use of the Memorial Fund will be acknowledged in the Annual Conference Program and throughout the Conference.

Contributions to the Memorial Fund are placed in a specific and separate WSPECW bank account. The President and/or the Treasurer receive contributions from a donor and, naturally, the donation is tax deductible, as are all donations to WSPECW.

Donations can be submitted directly to our Treasurer, Diane Higgs. Contact her at diane.higgs@csulb.edu for submission details.

WSPECW Financial Report as of February 29, 2016

	Total
<u>Income</u>	
WSPECW Dues	\$1,560.70
Conference Fees	\$4,224.79
Donations	\$650.00
Checking Interest	\$4.85
Grand Total Income	<u>\$6,440.34</u>

Expenses

Subtotal Gen. Org. Expenses	\$332.78
Subtotal Standing Committee Expenses	\$97.00
Subtotal Tax and Legal Expenses	\$60.00
Subtotal Conference Expenses	\$5,845.72
Total Expenses	<u>\$6,335.50</u>
Excess	<u>\$104.84</u>

Scholarship Balances:

President's Scholarship	\$277.50
Memorial Fund Scholarship	\$2,666.21
Emerging Professional Scholarship	\$7,254.34
Equity Fund	\$15,620.35
Historical Records	\$1,898.30
Professional Development	\$8,531.41
Support a Sister	<u>\$384.90</u>
Total Scholarships	\$37,217.91
Non-Scholarship (funds available for use)	\$44,297.66
Checking Account	\$9,563.97
Savings Account	\$71,951.60
Money Market	<u>\$0.00</u>
Total Funds	\$81,515.57

Approved 2016 WSPECW Budget

Estimated Income

WSPECW dues	40 @ \$50	\$2,000.00
Conference fees	35 @ \$150	\$5,250.00
Donations		\$550.00
Checking Interest		<u>\$10.00</u>
Grand Total Income		\$7,810.00

Estimated Expenses**General Organization Expenses:**

Exec. Board Expenses		\$150.00
Pres. Summit		\$300.00
Other		<u>\$0.00</u>
Subtotal Gen Org. Expenses		\$450.00

Standing Committee Expenses

Historical Records		\$50.00
Membership		\$50.00
Professional Activities		\$50.00
Media		\$50.00
HEN		<u>\$50.00</u>
Subtotal Standing Committee Expenses		\$250.00

Tax and Legal Expenses

Corporate Tax, Washington State		\$10.00
Registered Agent Washington State		\$150.00
Other		<u>\$0.00</u>
Subtotal Tax and Legal Expenses		\$160.00

Conference Expenses

Conference planning		\$300.00
Speaker travel		\$1,000.00
Asilomar charges		\$3,000.00
Audio visual		\$1,000.00
Programs		\$150.00
Speaker housing		\$1,500.00
Other		<u>\$0.00</u>
Subtotal Conference Expenses		\$6,950.00

Total Expenses		\$7,810.00
-----------------------	--	-------------------

Budget (Shortfall) or Excess		<u>\$0.00</u>
-------------------------------------	--	----------------------

Scholarship Balances:

Bal. Forward From Prior Year

President's Scholarship	\$277.50
Memorial Fund Scholarship	\$2,666.21
Emerging Professional Scholarship	\$7,254.34
Equity Fund	\$15,620.35
Historical Records	\$1,898.30
Professional Development	\$8,531.41
Support a Sister	\$384.90

Thank you to our WSPECW Donors!

Thank you to the following WSPECW women for your donations for 2015:

- Terry Coblentz
- Ellen Carlton
- Gail Evans
- Dixie Grimmett
- Joan Johnson
- Karen Johnson (deceased)
- Geraldine Lauro
- Melissa Mache
- Lynda Ransdell
- Geri Shepard
- Jane Threadgood
- Gail Whitaker
- Martha Yates
- Jo Ann Zwanziger

If you are considering donating and do not have a preference, the Presidential Scholarship, Support a Sister, and Memorial Fund are in need of increased funds.

Other special funds include: Professional Development, Historical Records, Equity Fund, and Emerging Professional.

Those wishing to donate can make checks payable to WSPECW and send to:

WSPECW
 Diane Higgs
 4450 Faculty Ave.
 Long Beach, CA 90808
 Questions email: diane.higgs@csulb.edu

Words of Wise Women

“Be where your feet are. Being present, not in the past or future, is the greatest gift you can give someone.”
 - Nicole M. La Voi



If you would like to contribute to future newsletters, please contact Nicole Bolter at nbolter@sfsu.edu.