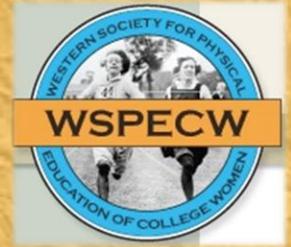


Western Society for Physical Education of College Women



Spring Newsletter: 2021

President's Message

note from Nicole Bolter Ph.D.



Table of Contents

President's Message	1-3
2021 Conference Information	4
Standing Committee Chairs: 2021	5
Professional Awards & Abstracts	6-7
Honorary, Emeritae, & Necrology	10-14
Financial Information	15-16
Thank You Donors	17

Greetings Members of Western Society!

Do you remember the famous poster of a cat dangling from a tree and the caption says, "Hang in there!"?

I truly hope you are all hanging in there, whatever that means for each of us these days. Amidst the ongoing pandemic, there has been a significant increase in violence against AAPI people and communities as well as continued police brutality against Black and Latinx people (including children). Certain states have also introduced (and passed) devastating anti-trans legislation prohibiting sports participation and access to health care, and deeply racist laws to restrict people's access to vote. And while the vaccine provides hope for a foreseeable end to this pandemic, addressing the deeply rooted racism and white supremacy in this country is much more difficult. I continue to be inspired by those in our membership who I know are fighting constantly to educate others and themselves to fight these injustices, both inside and beyond our academic disciplines.

Over the past year, our organization has continued along and adapted to the socially distanced realities. Our virtual event in November, the 2020 WSPECW Fall Meeting and Awards Celebration, was a success. I realized it is quite a treat to have everyone on a Zoom call be a teacher because you all know how to carry a room! It made me miss our in-person meetings even more and I am grateful we could at least do something to get together and celebrate our award winners.



Congratulations!

To that point, I want to give more congratulations to our Emerging Professional Award winners: Luciana Zuest, Leslie Larsen, and Alison Ede.

Our Professional Development Grant winner: Dulce Gomez.

These two awards, plus the President's Educational Equity Scholarship, are incredibly important for acknowledging and supporting each other so please consider nominating someone for this year's awards.

Thanks again to everyone who was able to make the time for the event. And a special thanks to Laura Petranek, Leslie Larsen, Missy Wright, Jo Morrissey, Emily Houghton, Alison Ede, and Shelley Lucas for planning an event that was meaningful but also short.



Thank you!

As I mentioned in a recent email to the membership, this year's conference will not take place in person at Asilomar. Alison Ede, who is the conference manager, has been working with Asilomar and was able to rollover our deposit until 2022.

In lieu of an in-person meeting, we have decided to have a virtual conference on November 18-19, 2021.

The conference planning committee, including Chair Josie Blagrove and committee members Jo Morrissey, Laura Petranek, Shelley Lucas, and Emily Houghton, met in early March to discuss the details.

Our idea is to have a 2-hour session on Thursday afternoon to kick off the conference, followed by a fullish day on Friday. We will replicate several of our in-person elements (scholarly presentations, keynote speaker, workshop, breaks) in a way that makes sense in an online format. The conference theme will be as proposed for last year's conference, "Leadership is Not Just a Title: Learning, Listening, and Living", which was inspired in part by female presidents being hired at three of our institutions. Dr. Lynn Mahoney, President at San Francisco State University, has again agreed to be our keynote speaker. I am grateful to her for making the time and excited to hear what she has to say, especially after this year (!).

This Newsletter would not be possible without all of Sonja Lilienthal's persistence and hard work, so I want to sincerely thank her for that.

I appreciate all of you and can't wait to reconnect virtually and, more importantly, in-person when it is safe to do so.



Nicole Bolter, Ph.D.
President, WSPECW

96th Annual WSPECW Conference November 18-19, 2021

“Leadership is Not Just a Title: Learning, Listening, and Living”

Inspired in part by female presidents being hired at three of our institutions.

Keynote Speaker: Dr. Lynn Mahoney
President, San Francisco State University



Conference Manager: Alison Ede, CSU Long Beach



Alison says: “Stay tuned for more information the Conference Presentation/Award Deadlines.”

Conference Planning Committee:

Chair: Josie Blagrove (Chico State)

Jo Morrissey (CSU Monterey Bay), Emily Houghton (MSU, Mankato), Laura Petranek and Shelley Lucas (Boise State University).



For more information and to register, visit <http://www.wspecw.org/annual-conference> and join our Facebook page <https://www.facebook.com/groups/wspecw/>

WSPECW Executive Board 2021

President

Nicole Bolter, Ph.D.
San Francisco State University

President-Elect

Laura Jones Petranek, Ph.D.
Boise State University

Past President

Emily Houghton, Ph.D.
Minnesota State University, Mankato

Treasurer

Missy Wright, Ph.D.
Cal State, East Bay

Secretary

Jen Bhalla, Ph.D.
Pacific University

Member at Large Honorary/Emeritae/ Necrology

Gail Evans, Ph.D.
San Francisco State University

Member at Large

Linda Buchanan, M.S.
Cal State East Bay

Member at Large

Leslie Larsen, Ph.D.
Sacramento State University

WSPECW

Standing Committee Chairs: 2021

Media (Website and Newsletter)

Michele Barr, CSU, Fullerton
mbarr@Fullerton.edu

Newsletter

Sonja Lilienthal, San Jose State University
sonja.lilienthal@sjsu.edu

Membership & Public Relations

Alison Ede, Long Beach State University
Alison.Ede@csulb.edu

Professional Activities

Jo Morrissey, University of Wisconsin, Green Bay
morrissj@uwgb.edu

Historical Records

Rita Liberti, Cal State East Bay
rita.liberti@csueastbay.edu

Parliamentarian

Michele Barr, CSU, Fullerton
mbarr@fullerton.edu

2020 Conference Planning Committee

Jessica Albers
Michele Barr
Nicole Bolter
Sarah Eikleberry
Emily Houghton
Claire Williams

2020 Conference Manager

Michele Barr, CSU, Fullerton
mbarr@fullerton.edu

PROFESSIONAL AWARDS

WSPECW 2021 Annual Conference

Professional Activities

Congratulations to our 2020 WSPECW Award and Grant Winners!

Professional Development Grant

Dulce Gomez, Auburn University

Emerging Professional Award

Luciana Zuest, California State University, Chico

Leslie Larson, California State University, Sacramento

Alison Ede, California State University, Long Beach

Awards, Scholarships & Grants

Please visit the WSPECW AWARDS

[WSPECW Awards, Scholarships and Grants Page](#)

to learn about all the grant and scholarship opportunities that are available for the 2021 Annual Conference.

While we did not have any presentations in 2020, we are looking forward to having virtual oral and poster presentations at the 2021 Annual Conference.

We are excited to learn of the valuable work and research the WSPECW membership is contributing to our fields.

FYI: We will ask for SUBMISSION of PRESENTATION ABSTRACTS and AWARD APPLICATIONS electronically (via Google forms) for the 2021 Annual Conference.

Stay tuned for more information about Presentation Opportunities and for the Conference Presentation and Award Deadlines.

Questions, comments, concerns? Contact Jo Morrissey, Professional Activities Chair (morrissj@uwgb.edu)

<https://www.wspecw.org/emerging-professional-award>

PROFESSIONAL AWARDS

WSPECW 2021 Annual Conference

Call for Professional Awards Nominations:

Emerging Professional Award

President's Educational Equity Scholarship

Professional Development Grant

Please visit the [WSPECW Awards, Scholarships and Grants Page](#) to learn about all of the grant and scholarship opportunities that are available. Current WSPECW members can nominate a young professional for the Emerging Professional Award.

Click on each of the hyperlinks above to find out more about the **nomination criteria and instructions** for professional awards and abstracts.

New members welcome to apply!!

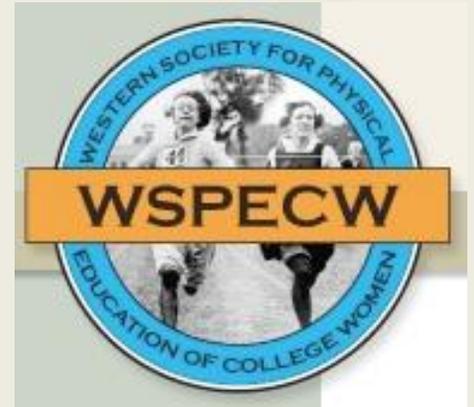


New
members
welcome
to apply!

Nomination Deadline: to be announced!

Help Grow Our Membership

This is your opportunity to invite a colleague, no matter where they are in the country! Our membership will only grow if you help!



Are you thinking of joining, or convincing a colleague to join?

- Become part of a national network of supportive and engaged professionals in the field.
- Have access to professional grant opportunities.
- Are you a student? Undergraduate and graduate students can submit abstracts for peer-reviewed conference presentations.

As a current member, you have the power to:

- Invite a colleague to present at this fall's virtual conference or simply think about attending.
- Encourage this new member to apply for a Professional Award
- Send an electronic copy of the Newsletter to potential new members and promote our wonderful organization!

Becoming a member is easy!

- Visit us at <http://www.wspecw.org/become-a-member>
- Email Alison Ede Alison.ede@csulb.edu with questions

This is your opportunity to invite a colleague, no matter where they are in the country!
Our membership will only grow if you help!

Honorary, Emeritae, and Necrology

Nominations for Honorary Membership

Honorary memberships shall be given to women who have been members of the Society for a period of at least eight to ten years immediately prior to retirement from teaching or administration in physical education, and who have given outstanding service to the Society.

Nomination Criteria:

- Elective office or member of the Executive Board.
- Member or Chair of committees.
- Participant on conference programs (panel member, speaker).

If you have a candidate to nominate, please forward the following information to Gail Evans at gevans@sfsu.edu **by September 13, 2021.**

- Name of nominee
- Institution at the time of retirement
- Date of retirement
- Your name
- Your email address
- A description of how the nominee meets the criteria
- Include a resumé if possible

Emeritae Membership

Emeritae membership is conferred upon notification of retirement to those who have been active members of the Society eight out of the ten years immediately prior to retirement from the institution with which she has been affiliated. **If you or someone you know has retired recently**, please send their name and institutional affiliation to Gail Evans at gevans@sfsu.edu

Necrology Notice

If you know of recently deceased WSPECW members, please send the following information to Gail Evans at gevans@sfsu.edu

- Your name
- Your address
- Name of Deceased
- Most recent institutional affiliation
- Name and address of person who could write a memorial statement

In Memory of ...

Losses in the WSPECW family last year



Dr. Diane Ross, Ph.D.

1937-2021

From Michele Barr

Diane Ross was born and raised in Detroit, Michigan.

After earning her bachelor's degree in physical education at Wayne State University in 1959, Diane taught high school physical education classes for five years but wanted to do more. She enrolled in the University of Michigan in Ann Arbor and received her master's and her doctorate degrees in kinesiology in 1965 and 1973, respectively. It took Diane 8 years to earn her doctorate degree, but she was wearing many hats. Before she'd even finished her master's degree, Diane had already been hired by Michigan to teach while she worked on her doctorate degree. On top of that, Diane coached both the women's tennis team and the women's basketball team at Michigan as well.

Diane then began her career as a professor of kinesiology at California State University, Fullerton from 1973 until her full retirement in 2001. A leading scholar in human motor learning and control, Ross helped introduce the subject into the kinesiology curriculum. Alongside teaching and research, Diane directed the women's studies program for seven years and served on numerous campus committees. For her efforts to expand student education on multicultural and gender issues, she garnered the Jewel Plummer Cobb Diversity in Education Award, her most proud honor. Diane was active in many professional organizations, serving as president of Western Society for the Physical Education of College Women.

In Memory of ... Diane

Diane and her partner, Arta, retired to Palm Springs. Diane and Arta were together for over 33 years until Arta's passing in 2012.

During retirement, Diane enjoyed traveling, bird watching, and photography, and she has been involved in several volunteer, political, advocacy and charity endeavors. Always encouraging people to keep moving, Diane regularly taught exercise classes at the Mizell Senior Center. She also taught classes on using the "iPad and iPhone." When asked about her decision to teach in retirement, Diane responded "You can never take the teaching out of the teacher."

In 2016, Diane was recognized as an advocate for women's studies in higher education and a champion of gender equality. The *Palm Springs Pride Honors* are presented to individuals to recognize their efforts in raising awareness and furthering the causes of lesbian, gay, bisexual and transgender individuals and their allies.

And finally, in recognition of all of Diane's volunteer efforts in the Palm Springs area, she was one of 11 volunteers to receive the annual Senior Inspiration Award in 2019. "The award recognizes the honorees' fascinating life stories and their ongoing service across the Coachella Valley."

Diane left so many indelible marks on so many lives and taught others to do the same. In that, her legacy lives on. Diane Ross, "Keep Moving in Peace".

**Diane Ross died on January 7, 2021, at age 83.
She will be missed.....every day!**

In Memory of ...
Losses in the WSPECW family last year

Dr. Mary Mott, Ph.D.
1927 – 2020

From Sandy Cottle and Sally Ayers



Dr. Mary Mott, Ph.D. 1927–2020

Mary Mott was a Physical Educator; a teacher's teacher. She studied physical education at the University of California, Santa Barbara (UCSB) earning a Bachelor's Degree in 1951. She went on to a successful teaching career beginning at Morgan Hill and then Sequoia High Schools. Completing a Master's Degree at Stanford University in 1958, Mary returned to UCSB as a member of the teaching faculty. Louisiana State University (LSU) welcomed Mary into their Doctoral program and hired her as a Lecturer. She studied and taught at LSU until finishing her Doctoral Degree in 1969. Mary spent the remaining 20 years of her exemplary professional life at Fresno State College (later Fresno State University and then California State University, Fresno), retiring in 1990. This is what Mary did, but only a fraction of who she was to the many who knew and loved her.

To know Mary is to understand what she loved; Teaching, certainly; her students, absolutely; her many colleagues, undoubtedly.

Margaret Elliot shared her memory of Mary's teaching a majors' golf class at UCSB as, "...along comes Mary with her bags of assorted sticks, prepared to convince us that this was the game of the century (ies??) We chipped and pitched our way around the football field, always careful to replace divots to erase any evidence that we had even been there. (You must understand the need to be invisible on said field.)" To pass, one had to chip the ball through or over the goal post. Today, Margaret still sees "those darn uprights" on the golf course and says, "thanks, Mary". One rarely known talent of Mary's was the ability to wiggle her ears - forward and backward.

In Memory of ... Mary

Sally Ayer (her office mate) confided that Mary would demonstrate this talent in class when some students were not paying attention. Those who were engaged would laugh and laugh, those who were not, missed all the fun! Does anyone need further proof of her ability to teach?

She loved nature, everything about it and being in it. Kathy Barthels, who was at UCSB with Mary, captured this aspect perfectly. "...she loved the ocean and sunsets, the forests, and she loved to walk." Sandy Cottle used to call Mary at home in the spring and summer just to hear the voice mail message. Mary would report which were "winning" in her garden that day: the blooms, the bugs, or the weeds, but no matter – the bees were always busy buzzing. Camping was a natural way to spend time in the forests or on the beach and Mary did so in her VW camper, often with her beloved sister Ginny in tow. Volks Sporting provided the outlet for Mary's love of walking. Mary WALKED in all 50 states and nearly every capital in those states. She accomplished all this after retiring.

Last, but certainly not least, Mary Mott loved Western Society. She served in many capacities: as a Big Sister to Gail Evans, and probably others; as an unofficial "welcome" to everyone, Emily Wughalter says it best, "...I remember meeting this beautiful woman who had the greatest, most welcoming smile. And then each year for many years I would return to WSPECW and look forward to seeing Mary Mott." She served on many committees as a member and chair; as an officer, becoming President in 1985. Prior to becoming President, Mary wanted to know why Sally Ayer did not attend Western Society. Sally's reply, "It's too clicky."

Some history is in order. Bobbie Bennett recalls a conference planning committee meeting for Mary's upcoming conference (?) where the Socials were the topic of discussion. "Now, understand, it had been the (bad) habit of the conferees to go off to private parties in the evenings, held in various individuals' rooms. You got to these parties by invitation only. (Seems like a carryover of the days when only "directors" could attend; or the days when only university women could attend...you get the drift.) (Bennett, 2020). According to Bobby, "Mary ...proclaimed... the private party practice should become a thing of the past." Thus ends the private parties and the history lesson!

Let Bobby's words echo across the oceans and forests, during every sunset and sunrise that changing the Socials wasn't Mary's only contribution "...not by a long shot. But it speaks volumes of her values and of her leadership. Say her name".

Mary Mott died, at age 93. She will be missed.

Memorial Fund

A note from Past President, Emily Houghton

Commemorate. Honor. Dedicate. Celebrate.

Hello all! You have reached the portion of the newsletter in which the Past President usually pleads for donations to help our wonderful organization continue to fulfill its' mission!

I am not one to break tradition...

The WSPECW Memorial Fund is an excellent way to honor a departed member of the WSPECW family and support the organization financially. I am asking you to consider celebrating the life of a past member by donating to the organization in their name.

In the past couple of years the Memorial Fund has been used to support the Annual Conference Program. The money has helped pay for exceptional keynote speakers like Layshia Clarendon and Wyomia Tyus. I know that our current President and the conference planning committee will put together a great conference for 2021 and this would likely not have been possible without contributions from our generous members.

Use of Memorial Fund donations will be acknowledged in the Conference Program and announced at the Annual Conference.

If you are interested in honoring a past member and supporting our organization your tax-deductible donation can be submitted directly to our Treasurer, Missy Wright. Missy may be reached at missy.wright@csueastbay.edu for submission details.

Thank you for your continued support of WSPECW.

history is made by those who break the rules

WSPECW Financial Report as of April 10, 2021
As reported by Treasurer: Missy Wright

<u>Income 2020</u>	<u>Total</u>
WSPECW dues	\$1,371.34
Conference fees	\$0
Donations	\$1191.92
Checking Interest	\$4.73
Money Market Interest	\$6.02
Other (CD interest)	\$93.01
Grand Total Income	\$2,667.02

<u>Expenses 2020</u>	<u>Total</u>
Subtotal Gen. Org. Expenses:	\$313.35
Subtotal Standing Committee Expenses	\$0.00
Subtotal Tax and Legal Expenses	\$257.40
Subtotal Conference Expenses (Down-payment – will be carried over to 2021)	\$2883.00
Grand Total Expenses	\$3,453.75
Shortfall	(\$786.73)

<u>Funds, Grants & Scholarships</u>	<u>Balances</u> <u>End of 2020</u>	<u>2020 Net change</u> <u>(donations-awards)</u>
Memorial Fund	\$3,116.21	\$150
Support a Sister Fund	\$891.91	\$96.80
Historical Records Fund	\$1,948.30	\$0
President's Scholarship	\$4,222.36	\$945.12
Emerging Professional Scholarship	\$6,556.34	\$0*
President's Educational Equity Scholarship	\$7,675.18	\$0
Professional Development Grant	\$6,828.41	\$0**
Other (Karen Johnson Gifts)	\$30,830.40	(\$2,000)
Total Funds, Grants & Scholarships	\$62,069.11	
<u>Non-Funds, Grants & Scholarships (Funds available for use)</u>	\$33,590.13	
Checking Account	\$23,475.55	
Savings Account	\$72,183.69	
CD	\$0	
Total Funds	\$95,659.24	

* 4 awards \$250 paid out of KJ funds; ** 1 award \$1000 paid out of KJ funds

Total Funds, Grants & Scholarships Donated in 2020	\$1,191.92
Total Funds, Grants & Scholarships Used in 2020	(\$2,000)
Net Change to Funds, Grants & Scholarships for 2020	(\$808.08)

Anticipated WSPECW Budget – 2021

<u>Income 2021</u>	<u>Total</u>
Sources of Funds:	
WSPECW dues - faculty, 37 @ \$50	\$1,900.00
WSPECW dues - grad students, 12 @ \$10	\$120.00
Conference fees, 35 @ \$185	\$6,475.00
Donations	\$2000.00
Checking Interest	\$100.00
Money Market Interest	\$80.00
Other (CD interest)	\$600.00
Grand Total Sources of Funds	\$11,275.00

Uses of Funds:	
1. General Organization Expenses:	
Exec. Bd & President Expenses	\$150.00
Pres. Summit	\$750.00
WIX.com	\$275.00
Namecheap.com	\$20.00
Other:	\$0.00
Subtotal Gen Org. Expenses	\$1,195.00
2. Standing Committee Expenses	
Historical Records	\$25.00
Membership	\$25.00
Professional Activities	\$25.00
Media/Website	\$25.00
HEN	\$25.00
Other	\$0.00
Subtotal Standing Committee Expenses	\$125.00
3. Tax and Legal Expenses	
Corporate Tax, Washington State	\$10.00
Registered Agent Washington State	\$150.00
Star Connect Plus Fees	\$120.00
Credit Card Fees/Interest Charged	\$100.00
Mobil Deposit Fee	\$20.00
Account Analysis Fee	\$100.00
Other (service charge)	
Subtotal Tax and Legal Expenses	\$500.00

4. Conference Expenses	
Conference Planning	\$1,000.00
Programs	\$150.00
Asilomar Attrition and No Show Charges	\$0.00
Asilomar Catering Charges	*\$0.00
Asilomar Meeting Room Rentals (\$265/day)	*\$0.00
Asilomar Facility Fee - Offsite Attendees	
Asilomar Bar Charges	*\$0.00
Asilomar Audio visual	**\$1,017.00
Asilomar Tricord Charges (\$80 for each posterboard)	\$300.00
Social	\$300.00
Flowers	\$100.00
Speaker's Lodging	\$1,000.00
Speaker's Fee	\$3,000.00
Speaker's Travel	\$400.00
Subtotal Conference Expenses	\$7,267.00
Total Uses of Funds:	\$9,087.00
* = paid in down payment for 2020 conference - carryover	

Thank you to our WSPECW Donors!

Thank you to the following WSPECW women for your generous donations in 2020:

- Carole Oglesby
- Terry Coblentz
- Bobby Bennett
- Eula West
- Gail Evans
- Frieda Lee
- Bev Johnson
- Jo Ann Zwanziger

Any contributions may be earmarked for a special fund or contribute to the General Fund of the Society.

If you are considering donating and do not have a preference, the "Support A Sister" and the Presidential Scholarship funds are in need of increased funds. Other special funds include: Memorial Fund, Professional Development, Historical Records, Equity Fund, and Emerging Professional.

Those wishing to donate can

- A. Donate via PayPal
 - a) Using [this link](#)
 - b) On our web site [here](#)
 - c) By scanning this QR code 
- B. Sending a check (make checks payable to WSPECW)



WSPECW

Missy Wright
2523 Lincoln Ave
Alameda, CA 94501

Questions? Email: missy.wright@csueastbay.edu